

**CAR WORSHOP AT JAN ZONAL**  
**IT'S ALL ABOUT THE CARRYING THE MESSAGE**

**WSC 2006**

**Atmosphere of Recovery**

1. What is working within your group? That is, what ways is your group carrying the message rather than the disease?
  - A. Meeting with a format for the chair to follow
  - B. Using Literature getting the meeting back into the book
  - C. Welcoming newcomers with a hug, giving them our phone number, and getting their phone number to call them
  - D. Meetings before the meetings and after as well
  - E. Starting and stopping on time making sure the door is open
  - F. Newcomers shaming the Old timers back to chairing meeting
  - G. Getting newcomers to be liaisons to and from different sub-committee's so that they feel a part of not a part from, this will also get you a little different view of what is happening in those meetings
2. Who, from your local community is missing for from your group, and why do you think they might be missing?
  - A. Youth
  - B. Old timers
  - C. Spanish speaking
  - D. Asian speaking
  - E. College students
  - F. Indians (in and around Reservations)
3. What is something's that you can do as an individual to create and maintain the atmosphere of recovery in your home group.
  - A. Calling people on their bad behavior not putting up with predatorily behavior
  - B. Old timers leading by example
  - C. Taking newcomers by the hand (showing them where the coffee, literature, and bathroom is)
  - D. Acknowledging everyone who walks in
  - E. Moment of silence for the suffering addict
  - F. Refocusing the meeting (chairing the meeting on a **topic** instead of the meeting being on whatever is in their head)

**Leadership**

4. What are some of the things the group can do?
  - A. Training the meeting leaders how to chair the meeting
  - B. Starting and stopping the meeting on time
  - C. Equal treatment at all meeting's
  - D. Look for solutions in the literature
  - E. Free function's instead of no addict turn away (people ashamed to admit they don't have money)
  - F. Not allowing people to share twice until after everyone who wants to share has
  - G. Creating ownership with the group conscience

5. How do we, as a fellowship, better match people with positions-identify talent and match it to task?
  - A. Occupation and observation
  - B. Identify specific tasks and written tasks
  - C. Asking good questions
  - D. Guidance in the form of sponsorship
  - E. Inventory the people not judge them
  - F. Past experience
  - G. Use the literature
  - H. Do they have a clear NA MESSAGE?
6. What steps can we take to help trusted servants be more successful through mentoring, training, and orientation?
  - A. Funding trusted servants to all kinds of workshops and functions
  - B. Strongly encourage participation before heading a committee
  - C. Use the handbooks available
  - D. Working the concepts (just like working steps and traditions)
  - E. Sprit of rotation
  - F. Develop potential talent
7. how can we instill a sense of personal responsibility, ownership, and stewardship for the roles we take on?
  - A. Ask about why they want the role
  - B. Thank them for doing a good job
  - C. Don't take on to much (Balance)
  - D. Teach working the Traditions and Concepts
  - E. Holding them accountable
  - F. Don't abandon them just because you are done
  - G. Positive feed back
8. What is the difference between "Leader's" and "Leadership"
  - A. Leadership
    1. Education
    2. Learning how to lead
    3. Leading by example
    4. Leads down the path
  - B. Leader
    1. Educator
    2. Set's example
    3. Person in the role
    4. Stay's on top of the job

### **Our Public Image**

9. How can a sense of personal responsibility and ownership develop in me and how can I help others develop this?
  - A. Learning what we are responsible for
  - B. When out and about have appropriate behavior
  - C. Our actions should match our program
  - D. Represent NA 24/7/365 stay aware
  - E. Keep your commitments
  - F. Remember professionals talk to each other
  - G. Pick up our trash
  - H. Pick up our trash
  - I. Teach your Sponsees
  - J. Put out accurate information
10. How does a negative image/reputation make some people feel NA is not appropriate for them?
  - A. Loss of viability
  - B. Stops NA growth
  - C. Loss of reputation
  - D. People told NA doesn't work
  - E. Loss of meeting places
11. What about our image/reputation makes some people feel NA is not where they would refer a client?
  - A. Stigma with the words Narcotics and Addict
  - B. Our carefree attitude
  - C. Persisting negative stereotype about NA and Addicts (biker, street bum, flower child)
  - D. Difference in drugs (narcotics versus pot versus alcohol versus heroin)
  - E. Thirteen stepping newcomers (whither it is male or female)
  - F. War stories instead of recovery stories
12. How can better cooperation among services improve our public image?
  - A. By improving services
  - B. Open lives of communication
  - C. Refer agency's to the correct committee
  - D. Strong commutation and keeping the commitments

### **Infrastructure**

13. Is the current structure in your local community best suited to carrying the message
  - A. NO
  - B. Lack of Public Information (what it is and what they do)
  - C. Lack of manpower because committee members (GSR's and other addicts) not showing up

14. What are we trying to accomplish aka what is most needed in your community?

- A. Possible regional 800 number and/or helpline
- B. More learning days
- C. Atmosphere of recovery
- D. Flood a meeting

15. What are we doing for those we serve?

- A. Area
  - 1. Doing PI work
  - 2. H&I work
  - 3. Acting as a resource
- B. Zonal
  - 1. Training sessions
  - 2. Infusion of energy